

# MONTHLY NEWSLETTER

HEAVY HAUL INSTITUTE, DFCCIL, NOIDA  
March 2025

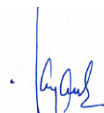


## MESSAGE FROM GM/T&R

March 2025 was a month of progress, learning, and celebration at HHI. We were honored to welcome Shri Amitabha, GM/NWR, in the presence of MD/DFCCIL and senior officials, strengthening our industry collaborations. Training remained a priority with the successful completion of the Track Supervisor Course and OP&BD Refresher Course, along with field visits to DFCCIL stations and the Ghaziabad Goods Shed for hands-on learning. The development of a Civil Model Room, equipped with 37 essential tools, further enhanced practical training. Additionally, we expanded our library collection, reinforcing our commitment to continuous learning.

This month also celebrated International Women's Day, recognizing the contributions of women in HHI, and brought everyone together for a joyful Holi celebration with trainees and staff.

HHI remains dedicated to excellence in training and skill development. Let's continue striving for new milestones together!



Col. Mayank Upadhyaya  
General Manager/Training & Research

## DID YOU KNOW ?

### PYGMALLION EFFECT:

- **Education:** Teachers who believe their students are capable of high achievement may provide more challenging material and feedback, leading to better performance.
- **Workplace:** Managers who have high expectations from their employees may provide more opportunities for growth and development, leading to improved performance.

### BIKESHEDDING EFFECT:

- **Work Meetings:** Spending hours debating minor design details while overlooking crucial project goals.
- **Software Development:** Focusing on trivial coding style issues instead of addressing critical bugs or performance issues.

In this newsletter you can expect:



SPECIAL VISIT



SPECIAL SESSION



SPECIAL EVENT



ANY ADDITION





### MOVIE SESSION

On 1st March, HHI screened "Udaan", an inspiring film about resilience and self-discovery. The movie's powerful message resonated with the audience, encouraging reflection and meaningful discussions.



### Shri Amitabha, GM, NWR

On 4th March 2025, HHI had the honour of hosting Shri Amitabha, General Manager, MWR, in the presence of MD DFCCIL and other senior officials. The visit actuated discussions on heavy haul research, training, and future collaborations, reinforcing HHI's commitment to industry excellence and innovation.



### International Women's Day Celebration

HHI and DFCCIL celebrated International Women's Day, honoring the contributions of its women staff. During the celebration at DFCCIL, Ms. Annapurna, Exe/OP&BD was honored by Shri. Praveen Kumar, MD DFCCIL for her remarkable contributions. Col. Mayank Upadhyya, GM (T&R), motivated and appreciated dedication of womens staff in HHI, highlighting their vital role in HHI's growth and success.



### Completion of Track Supervisor and Refresher Course

On 6th March 2025, HHI successfully concluded the Track Supervisor Course for the Civil Department, which spanned 18 working days. The course provided participants with essential knowledge and practical skills for efficient track maintenance and supervision. Additionally, a 15-day OP&BD (Operation & Business Development) Refresher Course was completed on 20th March 2025, ensuring staff are up-to-date with the latest operational Rules.



### Holi Celebrated at HHI

HHI celebrated the colorful festival of Holi with great enthusiasm on 13th May 2025, in the presence of Col. Mayank Upadhyya, GM (T&R). The event brought together staff and trainees, establishing sense of unity, joy, and team spirit.

Filled with vibrant colors, laughter, and festivities, the celebration highlighted HHI's commitment to promoting a positive, inclusive, and vibrant work culture, strengthening the bonds between all members of the HHI family.



### Practical Training Visit to Stations

HHI organized a practical training session with visits to various stations, offering trainees real-world experience in station operations and safety protocols. This hands-on approach enhances their understanding and prepares them for field challenges.



Arvind Kumar Dwivedi,  
Track Supervisor,  
Plasser India



Neeraj Kumar,  
Refresher, Sr. Exe/OP&BD  
BRKN/MTC

### Outstanding Performer

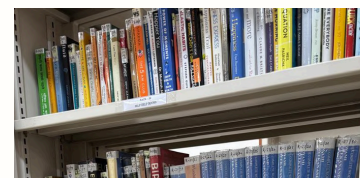
HHI proudly recognizes Mr. Arun Kumar Dewadi and Mr. Neeraj Kumar as the Outstanding Performers of March 2025.

Their dedication, hard work, and exceptional contributions have set a benchmark for excellence.



### Civil Model Room Developed for Training

HHI has established a Civil Model Room on a temporary basis to conduct hands-on training of civil engineering. This new setup provides trainees with practical experience, reinforcing HHI's commitment to high-quality, effective training.



### New Book Addition to HHI Library

HHI is pleased to announce the addition of new books to its library, expanding the resources available for staff and trainees. The new collection includes titles focused on industry-specific knowledge, professional development, and leadership.